

Essentials

Address list and list of important contacts or numbers
Backpack, suitcase, sports bag (something to pack everything in)
Paper or Notebook
Passport (check validity!)
Pencils, Pens
Tickets and itinerary (airline, train, bus etc.)
Visa

Finances

ATM card (Maestro or Cirrus logos on the back are most widely accepted)
Calculator or currency converter
Cash in the local currency of your arrival destination
Credit card (Visa or Mastercard are most widely accepted)
Money belt (You can't be too safe in some places)
Sufficient Travellers' cheques (and receipts for travellers' cheques)

Clothes

Boots
Bra (sports and regular)
Dress shirts
Dresses
Jacket
Jeans
Jumper, Sweater or Fleece
Light jacket
Long or thermal underwear
Long sleeve shirts
Pants or trousers
Pyjamas/Sleepwear
Sandals, shower shoes, thongs or jandals
Sarong or Lava lava
Shoes
Shorts
Ski clothes
Skirts
Sneakers
Socks
Suits
Swimming gear
T-shirts, singlets
Underwear

(Tip from a member)

Clothes Accessories

A good hat
Bandana
Cotton handkerchief or tissues
Eye-mask
Gloves or mittens
Jewelry
Knitted (woollen) hat
Raincoat or poncho
Safety Pins
Scarf
Sewing kit
Ski glasses
Suit bag
Sunglasses
Ties

Toiletries

Anti-bacterial cream
Comb or Brush
Condoms or Contraceptive Pills
Contact lens equipment or Glasses
Cotton buds
Dental floss (also great for fixing things!)
Deodorant
Earplugs
Fingernail clippers
Hair products (gel, spray etc.)
Lip balm
Make-up
Mirror
Moisturiser (face and body)
Nail file
Razors
Shampoo and Conditioner
Shaving Cream
Sleeping pills
Soap
Sunscreen and After sun cream
Talcum/Baby Powder
Tampons and Pads
Toothbrush, Toothpaste

Useful against prickly heat, in shoes, on sticky zippers and more (tip from a member)

First Aid Kit

Band aids
Compression bandages
Diarrhoea tablets
Gazes
Insect and/or mosquito repellent
Iodine/Hydrogen peroxide
Medicines/Prescription Drugs
Motion Sickness Tablets
Paracetamol, Tylenol etc.
Replacement/Rehydration salts sachets
Small scissors
Tweezers
Vitamin pills
Water purifying tablets

(Tip from a member)

Other Items

Backpack rain cover
Batteries
Books
Bottled water
Camera, film and batteries
Carbohydrate snacks
Chewing gum or mints
Combo or key locks
Compass
Cup
Diary or Organiser
Duct Tape
Eating utensils
Electrical adapter and plug converter
Fishing Line
Flashlight or torch
Forum suggestions!

Spare flash cards or memory for digital

Especially if you are flying chewing something will help your ears

Fixes everything! (Tip from a member)

Strongest string in the world! (Tip from a member)

Don't forget the batteries

See [What would you pack?](#)

Frisbee, hackey sack, ball, pack of cards or other recreational items	
Gifts are always appreciated while travelling	(Tip from a member)
Guidebooks	
Inflatable travel pillow	
International driving license	If driving overseas, have your driving license translated
International Student Identification Card	For discounts worldwide
iPod, MP3 player, Discman etc.	Including music and batteries
Laptop	Especially for the business travellers
Laundry detergent	
Maps (incl. small map of the world to show where you are from)	(Tip from a member)
Mini camera tripod	Big is better if you have the space!
Mobile phone or SIM card	
Mosquito net	
Passport Photos	
Phone card	Both for local and international calls
Photocopies of important documents in case they are stolen	(Tip from a member)
Phrase books or Dictionaries	
Pillow or Pillowcase to stuff with clothes	
Plastic bags	
Recharger for electrical items	Save some money on batteries
Resume and Work references	Don't forget these if you are planning to work while travelling
Skis, ski shoes, ski poles or a snowboard	If you are planning a winter holiday, you want to remember these!
Sleep sheet	
Sleeping bag	
Sleeping mat	
Swiss Army knife or Leatherman tool	Don't keep in your carry on as it will be removed
Toilet paper	(Tip from a member)
Towels	Beach and otherwise - the quick drying versions are very handy!
Travel alarm clock	
Universal Sink Plug	Squash ball can double as one (tip from a member)
Walkman speakers	
Watch	
Wet wipes/Baby wipes	Handy for cleaning hands or washing yourself in absense of a shower (tip from a member)
Ziplock bags	The freezer ones are usually the best